



Everyday First Aid Session for the over 65s

The programme is free of charge and is designed to educate people to a basic level of First Aid using everyday items, and equip them with the knowledge and skills required to deal with a First Aid emergency that may arise within their home or social setting.

The course is interactive and learner led, using props and flashcards to encourage group discussion around various First Aid scenarios.

At United Church Dorchester on Monday, 23rd March 2020, 2-4 pm in Cerne Abbas room.

There are 15 places available: if you would like to attend please book your place with Maria Jacobson, tel. 07570 036288, e-mail mjacobson12@outlook.com